

A decorative border surrounds the central text area, featuring a variety of tropical fruits including lemons, starfruit, blood oranges, and mangoes, along with white and yellow orchids and green leaves.

GPHS Invites You

Parent and Family Engagement Meeting

Wednesday, March 26

Time: 9:00am

GPHS Flex Room

HEALTH AND WELLNESS

TOPIC: MINDFULNESS & MANAGING ANXIETY -

Helping Your Child Finish The Year Strong

**Guest
SPEAKER**



Coffee and Pastries will be provided

GPHS FACILITATOR: MS. S. COSTLEY

832-386-2800: